


Florence Storm Baseball Practice Sheet

Name: _____

Jul-07

		Hitting - Swings	Pitching - Min.	Fielding - Min.	Conditioning - Min.	Parent Signature
		Tee or Live	Actual or Simulated	Actual or Simulated	Description	
Sunday	1					
Monday	2					
Tuesday	3					
Wednesday	4					
Thursday	5					
Friday	6					
Saturday	7					
Sunday	8					
Monday	9					
Tuesday	10					
Wednesday	11					
Thursday	12					
Friday	13					
Saturday	14					
Sunday	15					
Monday	16					
Tuesday	17					
Wednesday	18					
Thursday	19					
Friday	20					
Saturday	21					
Sunday	22					
Monday	23					
Tuesday	24					
Wednesday	25					
Thursday	26					
Friday	27					
Saturday	28					
Sunday	29					
Monday	30					
Tuesday	31					

Forms are to be brought to all practices and turned in at the end of each month.